

Cute Baby Throw

Embroidery Couching Foot SET

Note: Embroidery Couching is applicable to the following models:
MC15000QM, MC15000 V2.1 & higher, MC14000, Skyline S9, MC550E, MC500E and MC400E.

WHAT YOU WILL NEED

Janome Embroidery & Sewing Machine (we used the MC15000QM)

Embroidery Couching Foot SET

Embroidery Hoop SQ23

Embroidery Foot **P**

¼ Inch Seam Foot **O**

Dual AcuFeed Foot (or an even feed foot)

Janome Purple Tip Needle

3 x Janome Plastic Bobbins (1 with Janome Bobbinfil)

Scissors/Thread Snips

Dressmaking Pins or Quilt Safety Pins

Cutting Mat & Ruler

Rotary Cutter

Ironing Board & Steam Iron



FABRIC & NOTIONS

1M x wof of Cream or off white cotton homespun

1M x wof of matching cotton homespun for backing

1M x wof of batting (cotton, wool blend or bamboo)

50cm x wof of pink & white 1/16th gingham

1M x wof stabilizer-tear away

2 x Chenille yarn - pink & mint green

Sewing thread *colour to match your fabric*

Variegated embroidery thread (we used pink)

Embroidery threads to match your Chenille Yarns
(wof = width of fabric)

CUTTING INSTRUCTIONS

Cream fabric - cut 9 x 11" squares (28cm)

Backing fabric - cut 1 x 36" square (92cm)

Batting - cut 1 x 36" square (92cm)

Pink and white gingham - cut 5 strips x 1.5" (4cm) and stitch them together as one long strip.

You could also use pre-made bias binding, need 3½M

Approx. finished size is 30" (76cm)

INSTRUCTIONS

Step 1

Lay one square of interfacing and 1 square of cotton fabric together, then hoop together.

Attach embroidery couching foot 1.

Thread machine with pink embroidery thread and bobbinfil on bobbin.

Import design KA_2_02 to the machine.

(This design is one of the free download couching designs from the Janome Global website)

Embroider 4 blocks with pink chenille yarn.

TIP: Make sure you leave lots of slack in the yarn as the machine couches the design.



Step 2

Embroider 1 block using mint green chenille yarn.
Thread machine with green embroidery thread.
Same bobbin.

Step 3

Attach embroidery foot P
Thread machine with variegated embroidery thread. You can use bobbinfil thread or the variegated thread on the bobbin.
Embroider 4 blocks.
TIP: You could get creative and use different thread colours for each block.



Step 4

Trim all 9 blocks, to 10" squares. Lay out the blocks with mint green block in the centre, a pink chenille block in each corner and the variegated blocks sit centre on each side.
Thread the machine with sewing thread top and bottom. Attach the 1/4" seam foot and select a piecing stitch (straight stitch with 1.8 stitch length)
Sew the blocks in rows of 3, then stitch the 3 rows together. You should have a 9 block topper.



Step 5

Lay together the backing fabric, batting and topper.
Baste together using your preferred method. We used pins. You could use quilt safety pins or hand baste.

Step 6

Change your foot to the AcuFeed foot and activate the AcuFeed function. Select a straight stitch with centre needle position.
Now, stitch in the ditch between each block on the seams.

Tip: You could use the AcuFeed Ditch Foot and the Straight Stitch Needle Plate.



Step 7

Pin bias binding on to the back, right sides together.
Using the AcuFeed Foot, straight stitch with 1.8 length.
Stitch bias binding.



Step 8

Fold the bias binding to the front and topstitch the bias binding, using a stitch length of 3.0



Step 9

Once you have finished sewing the bias binding, give the Throw a good steam press.



Your cute baby throw is complete.

FINISH.