PROJECT

JANOME Accessory of the Month February 2021

Double Sided Cushion

Concealed Zipper Foot

WHAT YOU WILL NEED

Janome Sewing Machine (Continental M7 used)

Janome Overlocker (optional)

Janome needle to suit fabric type

Zig Zag Foot A

Concealed Zipper foot

Zipper foot (narrow)

Scissors or thread snips

Marking pen or chalk

Pins or clips

Cutting Mat / Rotary Cutter / Quilt ruler

Ironing Board & Iron

FABRIC & NOTIONS

2 x Plain fat quarters & fabric panel

Cushion front: 38 x 38cm (15" x 15") fabric piece

Cushion back: 2 pieces 16cm x 38cm ($6^{1}/4$ x 15")

Centre back: 1 piece 11½cm x 38cm ($4\frac{1}{2}$ X 15")

Cushion insert 14" / 36cm or cushion filling

Invisible Zipper 18" (45cm) match fabric

Sewing thread to match fabric

Note:

1.5cm (%") Seam allowance is included in the above fabric measurements.

IDEAS

You can use for the cushion front:

- ▶ Fabric Panel
- ▶ Embroidered piece
- ▶ Appliqued piece
- ▶ Patchwork block etc

The finished size of the cushion cover is a 14" square



Made with a Fabric panel and borders around edge.



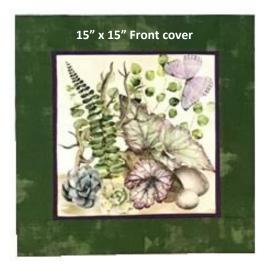
This is where the Invisible Zipper is attached.

See next page for cutting instructions.



CUTTING INSTRUCTIONS

Front panel needs to be 40cm square (15") If your fabric panel requires borders to make the required measurement, please add.



Cushion back pieces required.

4½ x 15" for the centre back Strip



INSTRUCTIONS

Step 1

Attach Zig Zag foot A

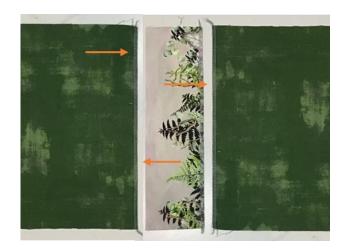


Select Zig Zag stitch (U) 9



or set-up your **Overlocker** with a 4-thread finish.

Using the overlocker, neaten both long sides of the centre back strip and the long sides of the back-cover pieces that will join to the centre back piece, to stop the fabric from fraying.



Take the centre piece and place on top of the side piece right sides together, matching the neaten edges.



With the 'A' foot still on the machine,

select a straight stitch (U) 1



Place the edge of the fabric on the $\frac{1}{2}$ " (1.5cm) mark on the needle plate, using this as your guide, sew down the seam.

Press the seam to the outside piece.



Step 2

Take your zipper, notice that the invisible zipper has two sides: the coil (teeth) show only on the wrong side. Set the iron on polyester, open the Zipper and iron the zipper teeth flat.

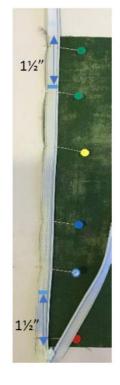
With the zipper open, place it right side down on the right side of the back-cushion piece.

Make sure the zipper teeth face towards the cushion cover and the edge of the zipper tape is flush with the neaten edge of the cushion cover.

Pin or Clip in place.

With a marking pen, mark a line $1\frac{1}{2}$ " (4cm) from the top of the fabric on the zipper at both ends.

These marks will be the start and end points, for the zipper opening. The 1½" (4cm) openings will be stitched together at 'step 5' after the zipper is sewn.



Step 3

Attach the Concealed Zipper foot to the sewing machine.



Use the same Straight stitch with centre needle position.

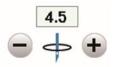


Place the pinned zip under the concealed zipper foot with the coil in the left slot of the foot.

Position on the marked line, then check that the needle will penetrate the zipper tape, right next to the coil by turning the hand wheel to lower the needle.

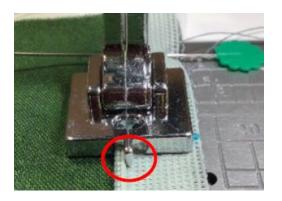


<u>Note:</u> You can move the needle closer to the coil if necessary by adjusting the needle position to the left side by one or two positions (mm) by pressing the in the width adjustment key.



Also, notice that the centre guide on the foot is on the right side of the coil.

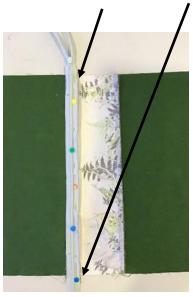
Stitch the zip down, back stitching at the start and end at the 1½" (4cm) mark with a back stitch.





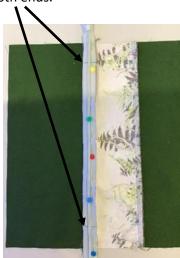
Step 4

Close the zip and carefully line up the other side of the cushion cover matching top and bottom edges.



Pin the edge of the zip to the right side of the centre strip.

On the side of the zip you are ready to sew, make a mark $1\frac{1}{2}$ " (4cm) from the top of the fabric on the zipper at both ends.



Open the Zip before sewing.

Place the pinned zip under the concealed zipper foot with the coil under the right slot of the foot and sew the same as the other side.

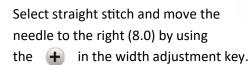
Check that the zip opens and closes correctly.

Now, close the zip to about half-way.



Step 5

Attach the Zipper foot (narrow)





On each end, sew the two pieces of fabric together, starting at the inserted zip, stitch to the edge and finish with a back stitch. You may have to hold the zipper tails away from the seam to complete the stitching.

Repeat for the seam on the other side of the zip.



Check to make sure that the stitches are secure. Then press.



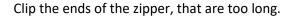
Step 6

Add a zipper stop, at the $1\frac{1}{2}$ " (4cm) mark on the zipper end, using a Zig Zag Stitch.

Place Zig Zag Foot **A** on sewing machine. Select Zig Zag stitch (U) 9 Width 5.0mm and Length 0.5mm









Continue using Zig Zag foot A

Select a straight stitch (U) 1



Have the Zipper opened half-way.

Take the top and back of the cushion cover and with right sides together, pin and sew around using a $\frac{1}{2}$ " (1.5cm) seam allowance.

Trim the corners close to stitching to reduce bulk.

Turn the cover right side out, gently push out the corners.

Note: Finish size of the cover should be 14" x 14" Insert the cushion insert.

FINISH.



