REQUIREMENTS

- 2x Brown Homespun $(7\frac{1}{2}^{"} \times 7\frac{1}{2}^{"})$
- 1x Fusible Fleece (7½" X 7½")
- 1x Tear Away Stabilizer (8" X 8")
- Brown Quilting Thread
- Variegated Quilting Threads (Green, Yellow, Pink, Orange, Grey)
- Green Quilting Thread
- Erasable Fabric Marker
- Cutting Mat/Quilting Ruler/Rotary Cutter
- Iron and Ironing Board
- Janome Sewing Machine (we used the CM7P)
- Satin Stitch Foot F
- Dual Feed Foot AD (twin)
- Janome Needle Blue Tip

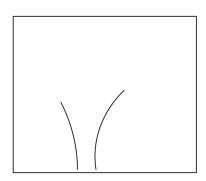
Decorative Stitched Mug Rug



- Scissors or Thread Snips
- Janome Plastic Bobbins

INSTRUCTONS

1. Mark flower stems on brown homespun with erasable fabric marker.



- 2. Attach the Satin Stitch
 Foot F, thread the
 machine with variegated green
 quilting thread.
- 3. Select and adjust length to 3.5mm.

4. Stack the brown homespun on top of the Tear Away Stabilizer.



- 5. Stitch out the stems using the lines as a guide.
- 6. Rethread the machine with variegated pink quilting thread.
- 7. Select



8. Select



Select





10. Select



11. Increase the Elongation Ratio to 3.



12. Select



13. Starting at the end of the Triple
Straight Stitch and facing out, stitch
out the Pattern Combination.

Continue until you have 8 petals, rethread the machine with variegated orange thread and stitch out the second flower.

Delete the Pattern Combination when completed.



14. Select with a .5mm length and 9mm width.

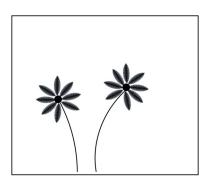




16. Rethread the machine with yellow thread and stitch out the center of the

flowers.

Delete the Pattern Combination when completed.



17. Select



18. Increase Elongation Ratio of 3

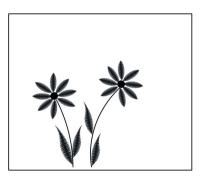


19. Select



20. Rethread the machine with green thread, lining up at the stem, stitch outwards to create the leaf pattern.

Repeat to create two leaves on each stem.



21. Select



twice

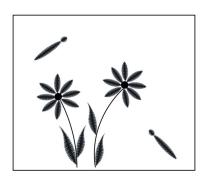
22. Increase Elongation Ratio to 5 on the second stitch.



23. Select



24. This will create the dragonflies head and body. Delete the Pattern Combination when completed.



25. Select



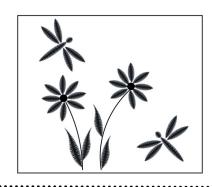
26. with an Elongation Ratio of 4



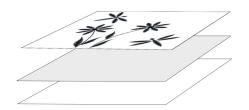
27. Select



28. Starting at the side of the dragonflies body stitch outwards to create the first wing. Repeat to create a set of two wings on each side of the body.



- 29. Remove Stabilizer from the back of the fabric and press with the iron.
- 30. Following manufactures instructions attach the Fusible Fleece to the wrong side of the stitched fabric.
- 31. Create a quilt sandwich with the stitched homespun on top, the wadding in the center and the remaining homespun on the bottom.



- 32. Rethread the machine with complementary sewing thread and a matching bobbin.
- 33. Attach the Dual Feed Foot AD (twin)



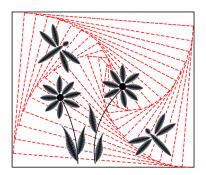
34. Select



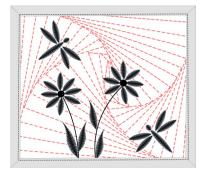
- 35. Baste the three layers together.
- 36. Select with a length of 2.5mm.
- 37. Quilt the block using the Paradox Quilting design, trim to tidy the edges



with complete.



38. Attach the Bias Binding to the fabric block.



Refer to your sewing machine manual for its elongation ratio instructions.