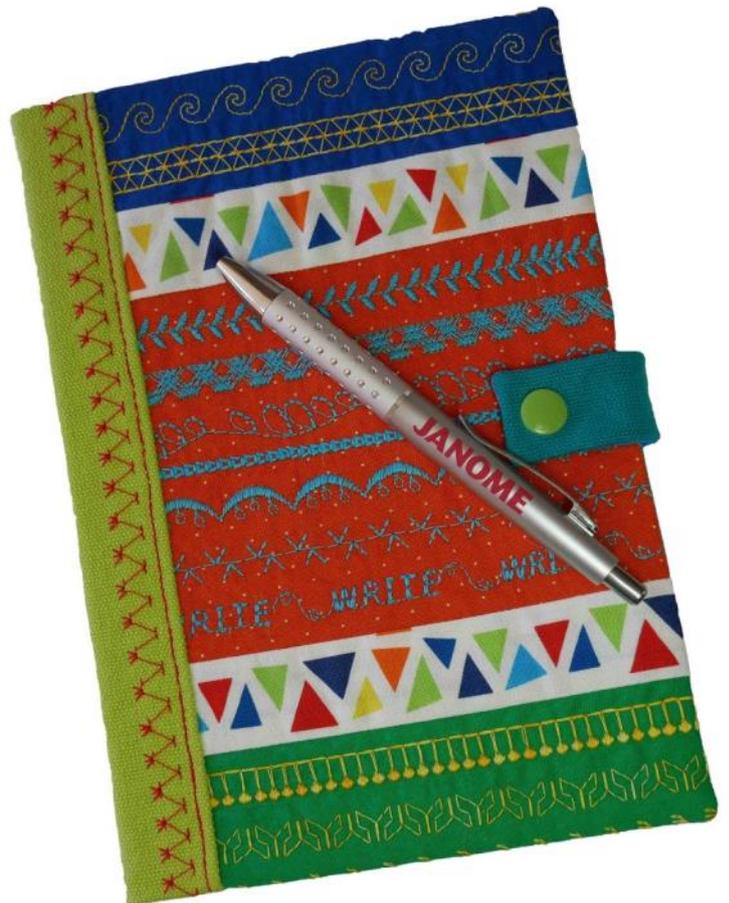


WHAT YOU WILL NEED

Notebook (Size A5, 192 Pages, hard cover)
Janome Sewing Machine
Janome Purple Tip Needle #14/90
Open-toe Satin Stitch Foot (F2)
¼ Inch Seam Foot (O)
Tape Measure
Scissors
Cutting mat , Rotary cutter & Quilting ruler
Iron + Ironing Board
Dressmaking pins / Quilt Clips (Optional)
Hand Stitching Needle (Optional)

FABRIC & NOTIONS

Cover: 4 Fat Quarters (3 solid colour, 1 pattern)
Spine: Canvas or Drill (10cm strip)
Lining Fabric: 1 Fat Quarter (Plain solid colour)
Pocket Flaps: 1 Fat Quarter (Pattern)
Fusible Stabilizer (for decorative stitching)
1 x Snap/Press Stud & *Tool Kit if required*
Threads: Sewing thread for construction
Decorative threads
(can be quilting threads or embroidery threads including variegated threads)



CUTTING INSTRUCTIONS

Solid Colours:

Top Strips: Cut 2 2½" x 6½" (6.5 x 16.5cm)
Bottom Strips: Cut 2 2½" x 6½" (6.5 x 16.5cm)
Centre Strip: Cut 2 4½" x 6½" (11.5 x 16.5cm)
Spine Fabric: Cut 1 3" x 9¼" (7.5 x 23.5cm)
Lining Fabric: Cut 1 13" x 9¼" (33 x 23.5cm)
Clasp: Cut 2 1½" x 3" (4 x 8cm)

Patterned Fabrics:

Feature Strips: Cut 4 1½" x 6½" (4 x 16.5cm)
Pocket Flaps: Cut 2 6½" x 9¼" (16.5 x 23.5cm)

Fusible Stabilizer: Cut 2 6½" x 10½" (16.5 x 27cm)



INSTRUCTIONS

Step 1 - Piecing front & back panels

Attach ¼ inch seam foot (O)

Thread machine with construction thread including the bobbin.

Select a ¼" piecing stitch.

If you have no pre-set piecing stitch on your machine change the stitch length to 1.8 or 2.0

Sew the strips together, creating the front and back panels, exactly the same.



Tip: If the needle plate on your machine has a ¼" mark in front of the bobbin cover, use it to align your strips, to ensure your piecing seams are straight.

Press seams towards the feature strips.

Following the manufacturer's instructions, press the fusible stabilizer to the wrong side of each panel.

Step 2 - Decorative Stitching

Attach open-toe satin stitch foot (F2)

Thread the machine with the Quilting thread.

Select first decorative stitch.

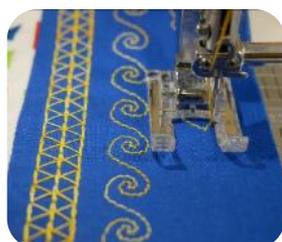
Line-up the edge of the foot with the seam and sew across the top strip.



Repeat, sewing rows of decorative stitches to fill the front and back panels.

The two panels do not have to match with the decorative stitches used.

Note: See last page for a list of stitch patterns used in this project.



Now, trim the front and back panels to 5½" x 9¼" (14 x 23½ cm)



Step 3 - Spine

Attach ¼ inch seam foot (O)

Thread machine with construction thread including the bobbin.

Attach the spine fabric to the front and the back panels, with a ¼" seam.

Press seams towards the spine.



Step 4 - Decorative stitching on spine

Attach open-toe satin stitch foot (F2)

Thread the machine with the Quilting thread.

Select a decorative stitch.

Line the edge of the foot with the seam and sew a line of stitches down either side of the spine.

Note: Make sure to catch the seam allowances to hold them in place.

Add additional rows of stitches, if desired.



Step 5 - Clasp

Attach ¼ inch seam foot (O)

Thread machine with construction thread including the bobbin.

Take the 2 pieces for the clasp.

With right sides together sew around 3 sides, leaving one short side open.



Clip the corners.

Turn through to the right side.

Press.

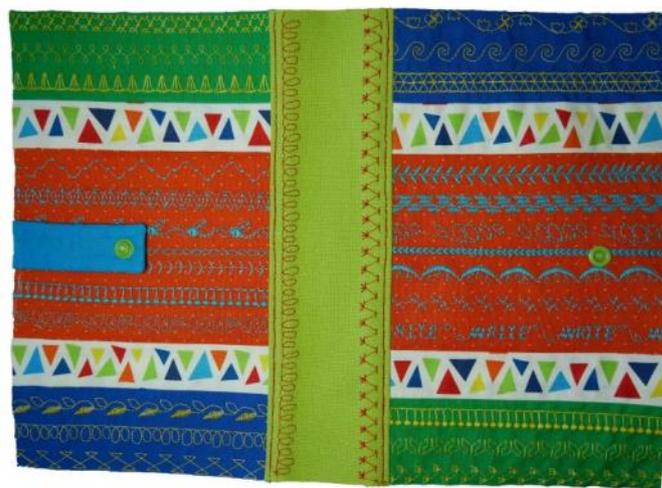
Step 6 - Attaching the snap

Following the manufacture's instructions, attach one side of the snap to the clasp.

Measure 1¼" (3cm) in from the centre front and attach the other section of the snap.



Mark the centre back panel and with right sides together, place the clasp on the back panel and baste into position.



Step 7 - Pocket flaps

Press pocket flaps in half along the short sides with wrong sides together. Now, place one at either end of the cover, with right sides together and baste around the raw edges to secure.

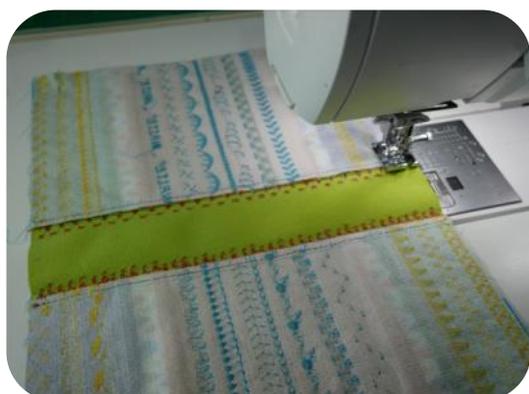


Step 8 - Lining

Place right sides together, the lining fabric and decorative panels, then pin or clip together.



Starting from the spine, sew towards the corner then stop a ¼" before the corner with the needle down. Pivot around the corner and continue sewing around the cover, pivoting a ¼" before each corner and leave a 2" (5cm) opening for turning through.



Prior to turning through to the right side, clip the bulk of each corner.

Press when turned out.

Stitch the opening closed by hand or machine.

Insert notebook.

FINISH.



Selection of Stitch Patterns used in this Project

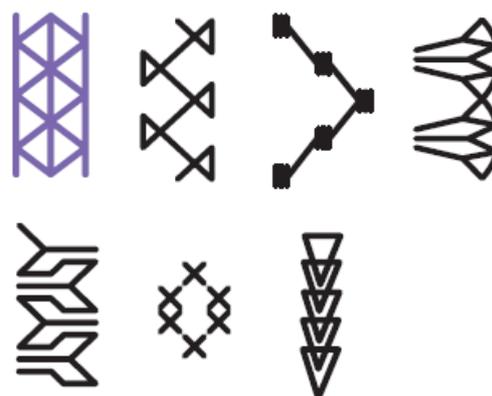
Stitch patterns vary between Janome models; the below images are a reference only.

Select stitches on your machine to embellish your project.

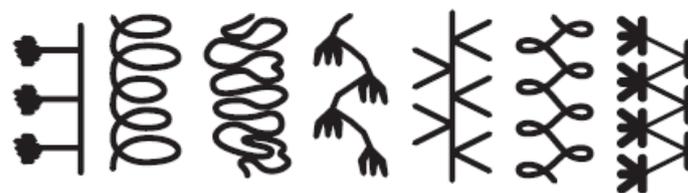
Decorative Stitch Patterns



Heirloom Stitch Patterns



Quilt Stitch Patterns



Long Stitch Patterns

