

WHAT YOU WILL NEED

Janome Sewing Machine (*used CM7P*)
Narrow piping foot (I2) PN 202462006
ZigZag foot (A)
¼" seam foot (O)
Dual feed foot (AD) or even feed foot with guide
Dual feed ditch quilting foot (OD) [optional] or
Ditch quilting foot (SD) [optional]
Overcasting foot (M) or can use an Overlocker
Janome Sharp #12 Needle or #14 sharp
2 x Janome plastic bobbins
Dressmaking/Fabric Scissors
Pins, quilting safety pins or basting spray
Cutting Mat / Quilting Ruler / Rotary Cutter
Ironing Board and Iron



FABRIC & NOTIONS

Feature Fabric or Embroidered panel: 41cm sq [16"]
Main fabric: Pink 1M [40"] x width of fabric 112cm/44"
White fabric: 50cm [20"] x WOF
Quilt wadding / batting: 80cm x 80cm [32" x 32"]
Pillow Insert Size 20 or 22 [20"x20" or 22"x22"]
Cord for making piping Size 00 or Size 000: 7m/7.7 Yds
Threads to suit fabric for:

- Construction
- Quilting [in the ditch]
- Decorative stitching [embroidery thread]

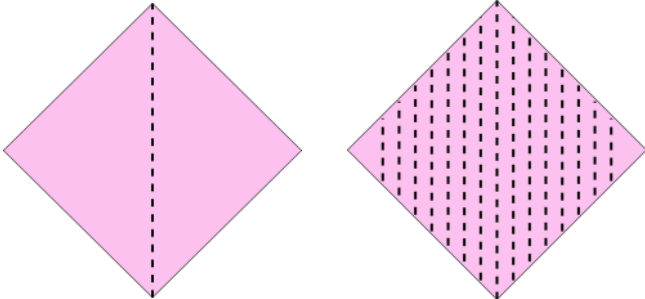
CUTTING INSTRUCTIONS

White Fabric - Border 1: *Short* Cut 2 4cm x 41cm [1½" x 16"]; *Long* Cut 2 4cm x 46cm [1½" x 18"]
White Fabric - Border 2: *Short* Cut 2 4½cm x 46cm [1¾" x 18"]; *Long* Cut 2 4½cm x 50cm [1¾" x 19½"]
White Fabric - Border 3: *Short* Cut 2 4cm x 50cm [1½" x 19½"]; *Long* Cut 2 4cm x 52cm [1½" x 20½"]
Pink Fabric - Border 4: *Short* Cut 2 9cm x 52cm [3½" x 20½"]; *Long* 9cm x 67½cm [3½" x 26½"]
Pink Fabric for border piping: Cut 1 33cm x 33cm [13" x 13"]
White Fabric for edge piping: Cut 1 33cm x 33cm [13" x 13"]
Pink Fabric - pillow back: Cut 1 67½cm x 67½cm [26½" x 26½"]; Cut 1 28cm x 67½cm [11" x 26½"]
Pink Fabric - pillow front backing: Cut 1 74cm x 74cm [29" x 29"]
Wadding/Batting: Cut 1 74cm x 74cm [29" x 29"]

INSTRUCTIONS

Step 1 Make piping cord

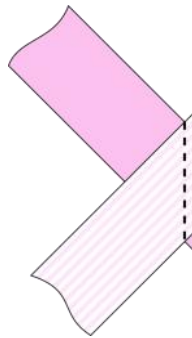
Take the pink fabric square for the border piping.
Starting from the centre, cut 1" [2½ cm] across the fabric.



Attach the ¼" seam foot [O]

Select a ¼" stitch

With right-sides together, align the raw edges of two strips. Allow for the seam allowance, by having a ¼" [6mm] overlap at each point [see diagram]
Continue to join all the strips to create a continuous length of bias binding.



Press all seams open.

Attach the Piping Foot [narrow] I2

Select a straight stitch with centre needle position.

Fold the bias binding strip around the piping cord, right sides out, matching raw edges.

Place under the foot, the piping cord sits under the right-hand channel of the foot with raw edges to the left.



Stitch along the full length of the pink bias binding strip to create the piping.



Repeat above steps to create the white piped cord.

Pink piped cord require: 4 metres [4.4 yards]

White piped cord require: 3 metres [3.3 yards]

Step 2 Adding Border 1 and Border piping

Attach the ¼" seam foot (O)

Stay with a ¼" stitch

Sew white *Border 1 short piece* to both the sides of the feature panel. Then, press seam allowance outwards.

Sew white *Border 1 long piece* to the top and bottom of the feature panel. Then, press seam allowance outwards.

Border 1 short



Border 1 long



Add first row of border piping

Attach the Piping Foot (narrow) I2

Select a straight stitch with centre needle position.

Take pink bias binding and cut 4 lengths at 46cm/18"

With the fabric right sides up, matching raw edges, align piped strip to the edge of Border 1.

Place under the foot so that the piping cord sits under the left-hand channel of the foot and the raw edges are to the right. Sew one piece to both sides of Border 1.



Repeat the above to attach the piping to the top and bottom, overlapping at the corners.

When finished, trim off excess, to neaten the corners.



Step 3 Adding Border 2 and Border piping

With right sides together, matching raw edges, place a Border 2 short piece along the side edges. Place under the foot, so the piping cord sits under the left-hand channel of the foot and the raw edges are to the right.

Sew along the length of both side borders.

Press seam allowances outwards.

Repeat to attach the Border 2 long pieces to the top and bottom. Press seam allowances outwards.



Add second row of border piping.

Cut 4 lengths of pink border piping at 52cm/20½"

Repeat above directions at attach piping to both sides first and then the top and bottom.



Add Border 3

Repeat the same method as above to attach Border 3 to both sides first then top and bottom.

Press seam allowances outwards.



Add Border 4

Attach the ¼" seam foot (O)

Select a ¼" stitch

Sew pink *Border 4 short* pieces to both sides first, next, sew *Border 4 long* pieces top and bottom .

Press seam allowances outwards.

Step 4 Quilt the pillow top

Sandwich the backing fabric piece, quilt wadding/batting, and the pillow top, then baste them together using your preferred method. [*quilting safety pins or basting spray*]

Attach the AcuFeed Dual Feed Foot (AD) or use optional Dual feed ditch quilting foot (OD).

Select straight stitch in centre needle position

Stitch length: 3.0

Stitch in the ditch along each of the piping strips. Then, finish quilting the remainder of the top as you desire.



We added a decorative stitch combination around the wide pink outer border.

Stitches used: Pictograph #24, #25, #26



Trim away any layer excess under the pillow top.

Using the ¼" foot, stitch a ¼" line around the outer edge of the pillow top to secure all layers.



Step 5 Add edge piping

Attach the piping foot (narrow) I2

Select straight stitch Width: 4.5 Length: 2.6

Press Foot-up Key to activate pivot function



When pivot active the button turns yellow.

With the pillow top right side up, align the edge piping to a side. Leave a tail of piping and starting in the middle of the side, place under the foot so that the piping cord sits under the left-hand channel of the foot and the raw edges are to the right.



Start sewing the piping cord, stopping approx. 5cm / 2" before reaching the corner.

Measure back 1.25cm / 1/2" from the corner and clip into the seam allowance of the bias strip ONLY, but not through the stitches holding the cord in place.



Keeping raw edges aligned, bend the piping around the corner. Continue to sew, using the needle plate markings to stop 1.25cm / 1/2" away from the corner.

The needle should be just catching the seam allowance of the piping cord right at the clipped corner.

Rotate the piece and continue to sew, snipping and sewing around each corner.

Stop stitching 12-15cm / 5-6" before the start point.

Join piping ends

Allow an overlap of approx. 7.5cm / 3"

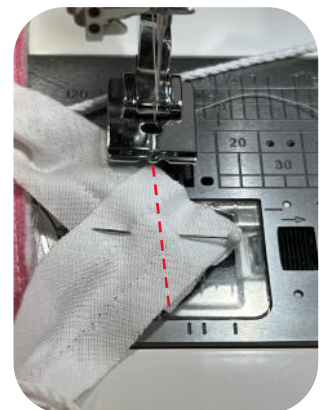
Unpick the stitch line holding the piping cord in place on both sides and pull the piping cord out of the way.



Working just on the bias binding, trim one side to half-way. Open up the offcut and using it as a guide, place a pin in the binding. Trim the other side of the bias to the pin mark (2.5cm / 1" overlap).



With right sides together, overlap the ends of the bias at a 90° angle and pin. Sew from corner to corner. Trim seam allowance and press open.



Cut the piping cord so there is a 2.5cm / 1" overlap.

Fold the bias strip over the piping cord and stitch into place.



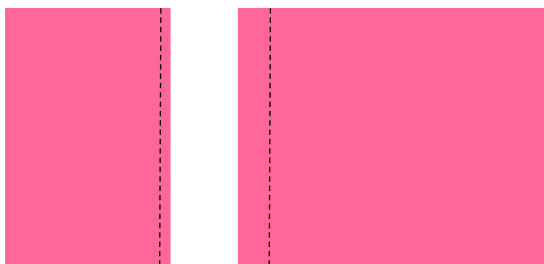
Step 6 Sew pillow back

Attach the ZigZag foot (A) and select straight stitch.

On the smaller back piece, double fold the long edge up 1.3cm / ½" (each fold), then press.

Sew along the hem.

On the larger back piece, double fold one edge into a 7.5cm / 3" hem and press. Sew along the hem.

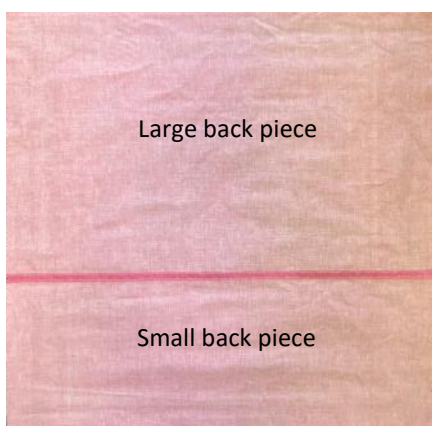


Sew the back and front together

Attach Piping Foot (narrow) I2

Still using a straight stitch.

Place the pillow top right side up, then lay the larger back piece right-side down, aligning the raw edges at the top and sides. Next place the smaller back piece right sides down, aligning the raw edges at the bottom and sides. Pin around edges.



Starting on one side, position the foot so that the piping cord sits under the left-hand channel of the foot and the raw edges are to the right.

Sew around the pillow, pivoting at the corners.



Neaten the edges by sewing with an overcasting foot (M) or an overlocker.

Turn right side out and press.



Create pillow sham / flange

Attach the AcuFeed Flex dual feed foot (AD) or optional ditch quilting foot (OD).

Select triple stitch, increase stitch length to 2.8

Sew around the pillow, stitching in the ditch between border 3 and border 4.



Insert the cushion.



FINISH