

WHAT YOU WILL NEED

Janome Sewing Machine
Circular Sewing Attachment to suit machine
Satin Stitch Foot (F) or Open-toe Satin Stitch Ft (F2)
Single Dual feed holder & Foot (VD)
Janome needle Sharp #14 or Purple Tip
Janome plastic bobbins
Dressmaking | Fabric scissors
Erasable fabric marking pen / Tailors chalk
Quilting pins or clips
Cutting mat | Quilting ruler | Rotary cutter
Ironing board and Iron

FABRIC & NOTIONS (makes 10 Placemats)

Main Blue Fabric: 2.5m x width of fabric (2.8 Yds)
Backing & Binding Fabric: 3m x width of fabric (3.3 Yds)
5 Different Fabrics: 30cm x width of fabric (12")
Vliesofix: 1 metre (1.1 Yds)
Fusible wadding / pellon: 114cm wide x 2.5m (2.8 Yds)
Threads for Construction and Decorative Stitching
Quilt Basting Spray

CUTTING INSTRUCTIONS for 10 placemats.

Finished placemat size: 14"x 20" | 35½ cm x 51 cm

Main Blue Fabric

Cut 5 pieces 30"x 21" | 76cm x 53cm

Pellon or Fusible wadding

Cut 5 pieces 30"x 21" | 76cm x 53cm

Assorted fabric colours for circles

Cut 5 pieces 12"x 12" | 30½ cm x 30½ cm

Backing Fabric (includes self binding)

Cut 10 pieces 22"x 16" | 55½ cm x 40½ cm

TEMPLATE for Circles

On last page of these project instructions.



Finished placemat size: 20"x 14" | 51 cm x 35½ cm

INSTRUCTIONS

Step 1

Iron the fusible wadding and main background fabric together following manufactures instruction.

Step 2

Trace five circles onto vliesofix using template or a compass.

Note: Template for circles is located on the last page of these project instructions.

Step 3

Iron the vliesofix circles onto the back of 5 coloured fabrics that will create the concentric circles.



Step 4

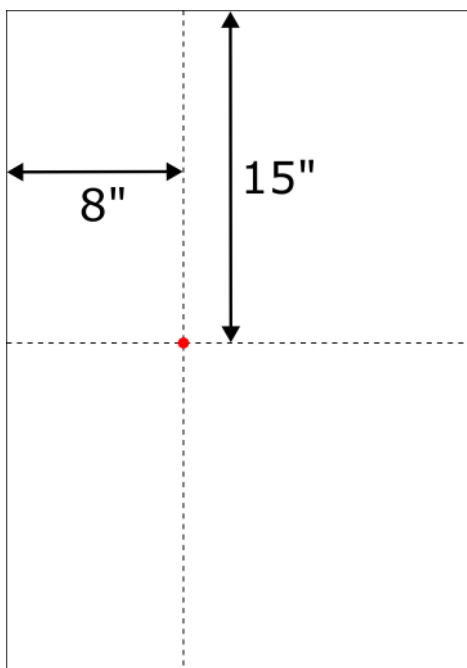
Cut around the line of each drawn circle, then separate to create concentric circles.

Now, arrange 5 circles in the below colour layouts.



Step 5

Working on the main blue fabric, make a mark at 15" | 38cm on the length and in 8" | 20cm in from one side. This will be the positioning for the centre of the coloured circles.



Step 6

Starting with the small inner circle, place it on the blue fabric, on the marked centre position, then press it into place. Continue working out from the circle centre, press each colour fabric ring until the circle is complete. Do the same to create the other 4 circles.

TIP: When ironing vliesofix to fabric, recommend you Press and lift, continue to press all over until vliesofix is adhered to the fabric. Do not move the iron across the vliesofix, as the fabric may move out of position.



Step 7

Mark the centre of the inner coloured circle, this is the positioning mark for the circular attachment.

Step 8

Attach the Satin Stitch Foot (F) to the machine. Alternatively, can use the F2 foot.



Attach the circular sewing attachment to the machine.

Note: Read instructions supplied with circular attachment on how to attach to machine.

Set the circular sewing attachment marker to 1". This is the radius of the smallest circle.

Place the centre mark of the inner circle on pin of circular sewing attachment, then place cap on the pin to hold the fabric.



Step 9

Select a stitch on the machine.

Reduce the foot pressure to allow for the fabric to move more freely, when sewing around a circle.

Stitch suggestions:



Sew at a slow to medium speed, guiding the fabric around the circle edge.

Ensure you lock the stitches at the start and finish.



Without removing the fabric from the pin, adjust the circular attachment to the next measurement by pushing the lock lever to unlock it and slide to the next position, the 2" mark then lock it in place.

Select a different stitch and stitch around the next circle. *Adjust circular attachment position, if required to line-up with the circle.*



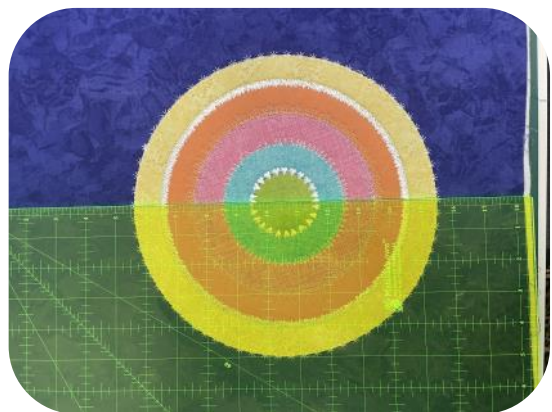
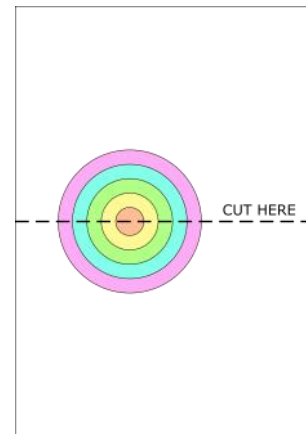
Repeat the process to complete the circles, on the 5 pieces of main blue fabric.

Be creative with the stitches and use the mirror image or stitch them twice for a bold appearance.




Step 10

Cut the placemats in half through the centre of the circle to create two placemats, each with a semi-circle on the edge.



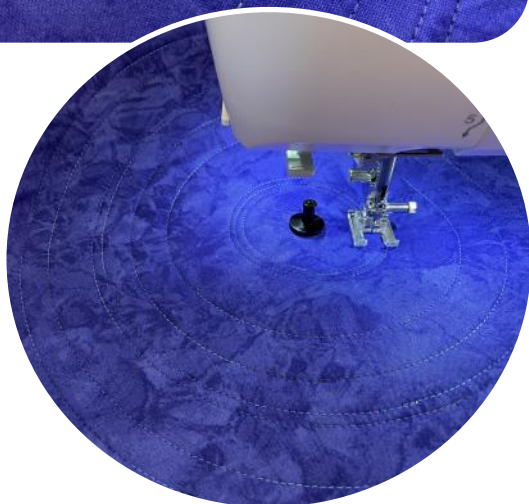
Step 11

Select the straight stitch. Set length: 3.0 

Remove the cap from the pin on the circular sewing attachment. Position the edge of the placemat over the pin. Replace the cap on the pin.

Set to various widths as desired to create concentric circles on the blue main fabric.

Stitch all placemats.



Step 12

Trim each placemat to L20" x W14" | 51cm x 35½ cm
Sew a basting stitch a ¼ inch around the outer edge of each placemat.

Step 13

Take a backing piece of fabric and place a placemat on it, make sure it is centred, there will be excess backing fabric around the outer edge of the placemat.

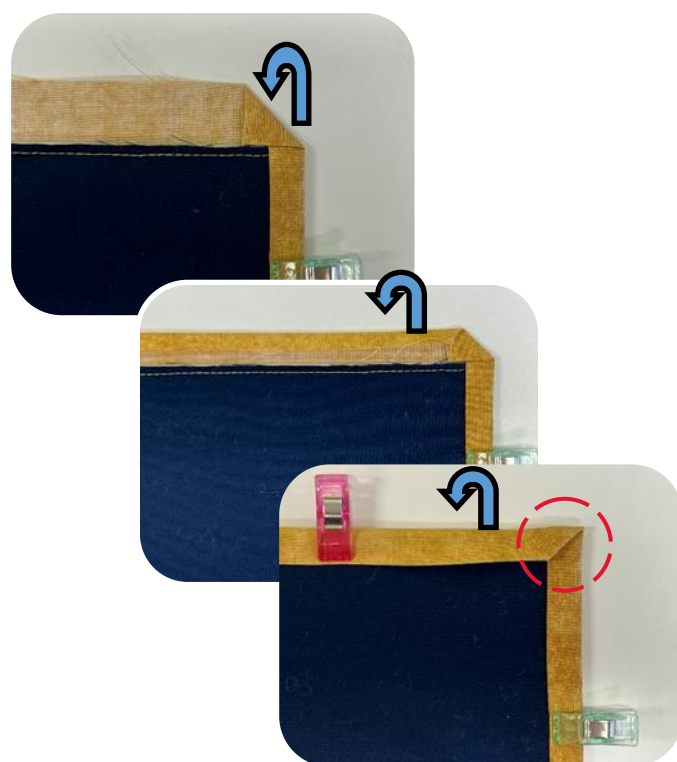
Baste the placemat to the backing fabric using quilt basting spray or your preferred basting method.

Step 14

Starting at the short sides of the backing fabric, fold and press a ¼ inch, then fold in again to cover the raw edges. Press. Clip / Pin to hold in place.



Fold over the corners 45° and press.
On the long sides, press in ¼" & fold again to cover the raw edges and press. The corner will be mitred.
Clip/pin into position.



Step 15

Attach the Single Dual Feed Holder and Foot (VD)

Keep the same straight stitch and length: 3.0

Top stitch the binding in place.



Repeat the binding method on all placemats.



FINISH

Print
test
square
1"

JANOME
AOTM
Circle Placemats

