

#### WHAT YOU WILL NEED

Janome Machine (*Project made using MC9450QCP*)

Janome Ribbon Sequin Foot **RS**

Janome ¼" Seam Foot **O**

Janome Purple Tip Needle #14

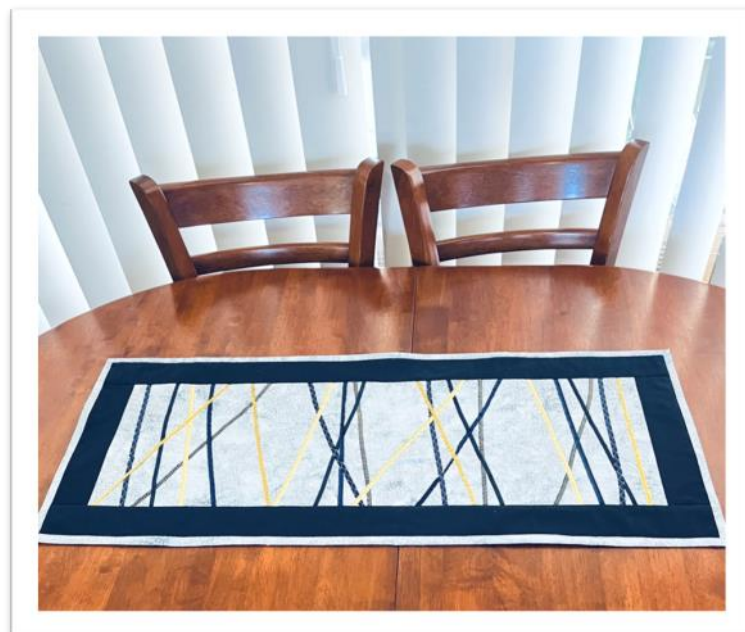
Janome Plastic Bobbin x 2

Dressmaking Scissors | Thread Snips

Wonder Clips | Dressmaking Pins

Cutting Mat | Rotary Cutter | Quilting Ruler

Iron and Ironing Board



#### FABRIC & NOTIONS

Grey Batik Quilting Fabric 1m x WOF

Navy Quilting Fabric 50cm x WOF

Cotton Batting 50cm x WOF

Assorted Gold Ribbons: 4-8mm [1.5m | 60"]

Assorted Navy Ribbons: 4-8mm [5m | 5½ Yds]

Gold strung Sequins [1.5m | 60"]

Gold Embroidery thread

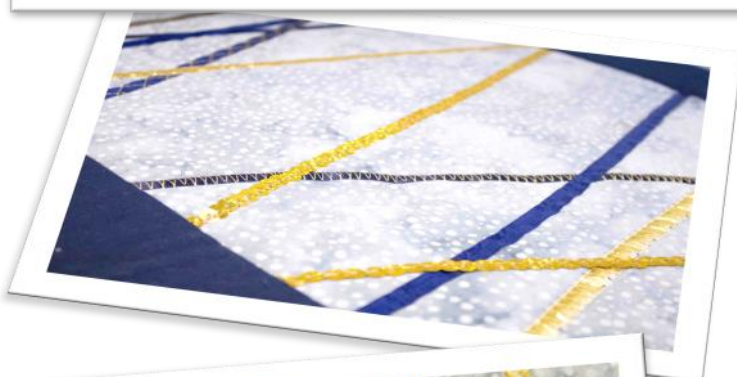
Navy Embroidery thread

Thread for construction to suit fabric

Can of 505 Quilting Spray

*Optional* - Janome Bobbin Thread

[use on bobbin when decorative stitching]



#### CUTTING INSTRUCTIONS

##### **Grey Batik Quilting Fabric:**

Backing B: Cut 1 piece 16½" x 36½" | 42 x 93 cm

Centre A: Cut 1 piece 10½" x 30½" | 27 x 77½ cm

Binding: Cut 3 pieces 2½" x WOF | 6½ cm x WOF

##### **Navy Quilting Fabric:**

Strip C: Cut 2 strips 2½" x 27" | 6½ x 27 cm

Strip D: Cut 2 strips 2½" x 35" | 6½ x 89 cm

##### **Cotton Quilt Batting:**

Cut 1 piece 16½" x 36½" | 42 x 93 cm

##### **Ribbons / Strung Gold Sequins:**

Do not cut, stitch down, then trim-off.

## INSTRUCTIONS

### Step 1

Lay the cotton batting rectangle with scrim side up on a flat surface. Spray base the Centre batik fabric (B) in place with right side up.



### What is Scrim?

“Scrim” describes a **light layer or grid of woven fibers added to some cotton battings**. It acts as a stabilizer and helps to hold the batting together while quilting.



### Step 2

Thread the machine and wind bobbin with the navy embroidery thread.

*Alternative option: You can use Janome Bobbinfil Thread on the bobbin, in stead of the navy embroidery thread.*

Attach the Ribbon Sequin Foot to the machine.

Using a Navy Ribbon [6mm], thread the ribbon through the front of the foot and pull through under the foot and lower the foot to hold the ribbon.

Stitch Section: Zig Zag

M = zig zag set from centre needle position and stitches proportionally to right and left from CNP.

Stitch Width: 7mm

*Note: Adjust ZigZag width, if ribbon is more/less than 6mm.*



### Step 3 Stitching Ribbons

Starting at top edge of the batik fabric, stitch the ribbon in place, make sure the ribbon is feeding smoothly through the front of the foot, stop and adjust as required.

Select the lock key to finish off, at the bottom edge of the batik fabric, then raise the foot and slowly pull the ribbon to the back of the foot.

Trim the ribbon, then continue to add 3 other ribbon lengths at different angles across the batik fabric.



### Step 4

Thread the machine with the Gold Embroidery Thread.

Adjust the zig zag width to accommodate the size of ribbon you have chosen.

Increase the length of stitch to create a different look.

Stitch 4 ribbon lengths at different angles & intersecting to create an interesting design.



## Step 5

Select a different stitch.  
We used an Heirloom Stitch.  
Adjust the stitch width to suit ribbon width.



*Tip: Always best to have pre-selected & tested stitches with your various ribbon widths.*

With the machine still threaded with Gold Embroidery Thread, stitch 4 Navy ribbons at various angles.



## Step 6

Continue to add ribbons.  
Change between the navy and gold embroidery threads to suit.  
Experiment with different decorative stitches for different effects.



**TIP:** Only use decorative stitches that stitch mainly forwards; decorative stitches which have a lot of forward and back movement, may result in the ribbon puckering and not sitting flat.

## Step 7 Adding strung Gold Sequins

Lastly add the strung sequins lengths to the runner.

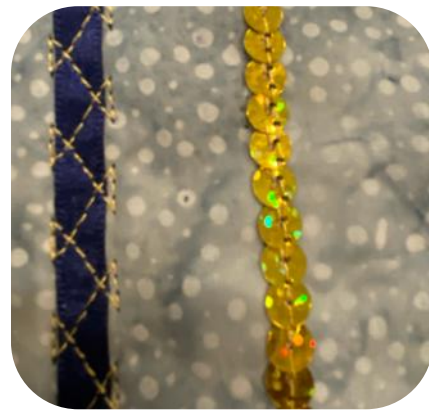
Select a straight stitch.



Set stitch length to 3.0

Insert the sequins into the front of the foot and under the needle.

Stitch 4 sequin lengths finishing off the design.



## Step 8

Trim-off any ribbon / sequin ends.  
Turn over the runner, so the ribbon side is down.  
Spray baste the batting, as per the manufactures Instructions on the can.

Then, lay the Backing Batik Fabric (B) on top of the sprayed batting.

You now have a quilt sandwich; top and backing fabric facing outwards with batting in-between.



## Step 9

Attach the 1/4" Seam Foot **O**



Thread machine with thread for construction including bobbin.

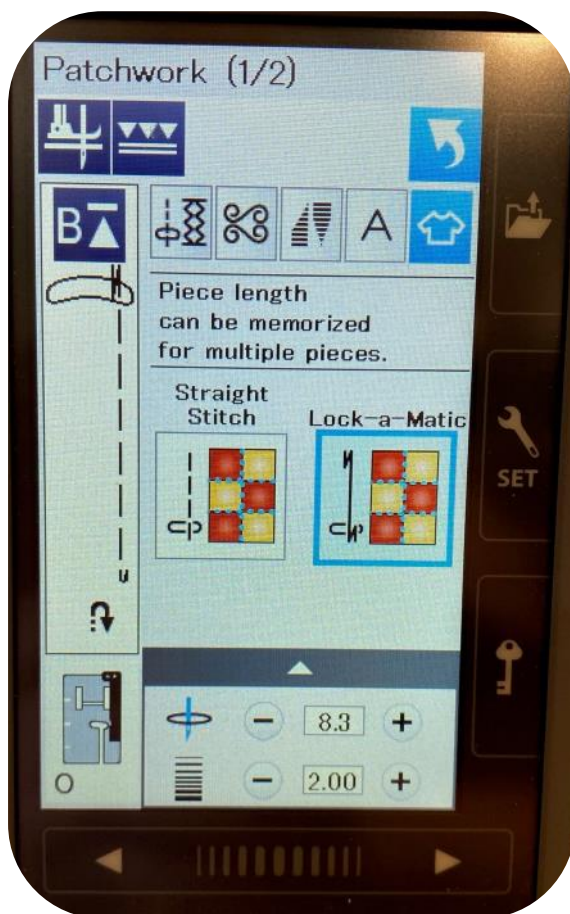
Select 1/4" seam stitch  
**P** = Piecing Stitch



Stitch Length: change to 2.0 (default is 1.8)

If your model machine has **Sewing Applications**

1. Go to Patchwork.
2. Select the Lock-a-matic stitch.
3. Increase Stitch Length to 2.0



## Step 10

Select the 2 navy fabric strips 2 1/2" x 10 1/2" | 6 1/2 x 27cm

Stitch them on the left and right-hand ends of the embellished topper, using the 1/4" seam.

**Note:** You will 1/4" seam through the quilt sandwich layers, there will be a straight stitch showing on the backing fabric, this is correct.

When both ends strips are attached, flip the strip fabric to the right side and press flat.



Stitch the navy strips (D) 2 1/2" x 35" | 6 1/2 x 89 cm to the top and bottom edges and press.

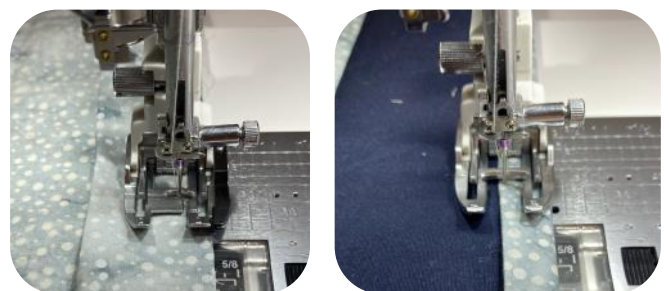
## Step 11

Trim the excess batting and backing to 1/4" (6mm) in from the edge of the table runner topper.

Stitch the binding strips together, end to end using 45°, 1/4" seams, to create one long strip.

Press the binding strip in half lengthways with wrong sides together.

Attach the binding strip using your preferred method.



**FINISH**