

Re-Usable Gift Bag

Bobbin Holder for Free Motion Quilting & Hand-look Stitches (Blue Dot)

WHAT YOU WILL NEED

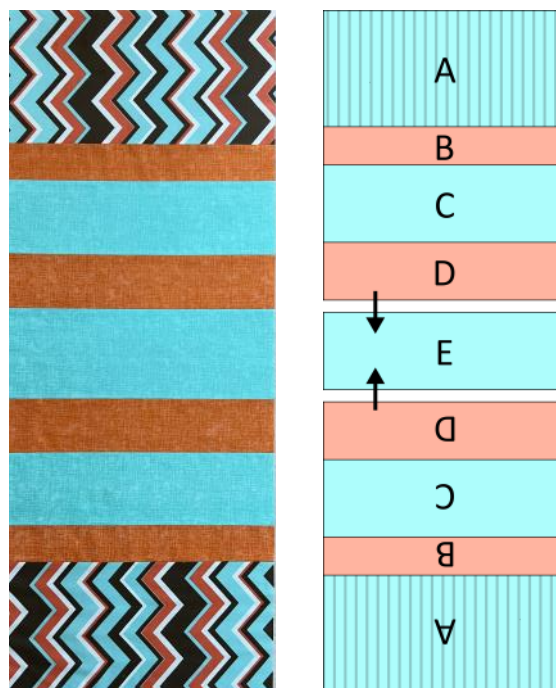
Janome Sewing Machine (used CM7P for project)
 Blue Dot Bobbin Holder (to suit your machine)
 Zig Zag foot (A)
 ¼ inch seam foot (O)
 or Professional HP foot & HP Needle plate
 Ditch quilting foot
 Free Motion Foot (to suit your machine)
 Janome needles: Purple Tip needle #14/90
 Janome plastic bobbins x 3
 Thread snips | Wonder clips | Pins
 Cutting mat | Quilting ruler | Rotary cutter
 Small ironing board and Iron

FABRIC & NOTIONS

Fabric A Use patterned non-directional fabric
 • 50cm x width of fabric 112cm (40"x WOF)
Fabric B, D, Lining & Side Binding Plain / tonal fabric
 • 1.5m x width of fabric 112cm (40"x WOF)
Fabric C, E & Top Binding Plain or tonal fabric
 • 1.25m x width of fabric 112cm (40"x WOF)
Double Sided Fusible Pellon: 46 x 102cm | 18"x40"
Matching thread for construction
2 x Quilting Thread 40wt (1 to contrast Fabric C)
Ribbon 60cm x 12mm | 23½" x ½" or Cord (handles)
Carbon transfer paper + Tracing wheel or lead pencil

CUTTING INSTRUCTIONS

Fabric A [Bag top]
 Cut 2 strips 7½"x 15" | 19cm x 38cm
Fabric B [front & back upper strip]
 Cut 2 strips 2½"x 15" | 6½cm x 38cm
Fabric C [middle strip]
 Cut 2 strips 4½"x 15" | 11½cm x 38cm
Fabric D [front & back lower strip]
 Cut 2 strips 3½"x 15" | 9cm x 38cm
Fabric E [bag base]
 Cut 1 strip 5½"x 15" | 14cm x 38cm
Lining Fabric: Cut 1 piece 18"x 40" | 46cm x 102cm
Double Sided Fusible Pellon
 Cut 1: 46 x 102cm | 18"x40"
Side Binding: Cut 2 strips 1½"x 16½" | 4cm x 16½cm
Top Binding: Cut 1 strip 2¼"x 27" | 6cm x 68½cm



INSTRUCTIONS

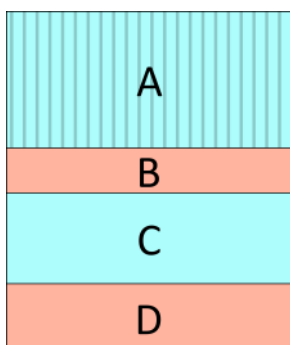
Step 1 Stitch strips together

Thread machine with construction thread inc. bobbin.
Attach ¼ inch seam foot to machine.

Select ¼ inch seam stitch (stitch length 1.8)

Layout two sets of fabric strips A, B, C & D as per the below diagram.

With right sides together, join the strips using a ¼" [6mm] seam allowance.

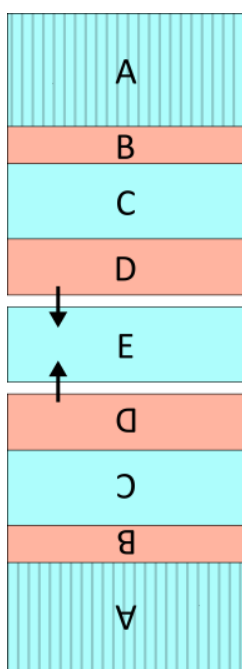


Step 2

Attach the last strip E, in-between the two sets to form one long piece. Press all the seams.

Lay this piece on top of pellon & the backing under the pellon to form a quilt sandwich.

Follow the manufacturer's instructions for the double sided fusible pellon to fuse the layers together.



Step 3

Attach the Ditch Quilting foot.

Thread machine with quilting thread top and bobbin.

Stitch in the ditch along each of the seam lines.

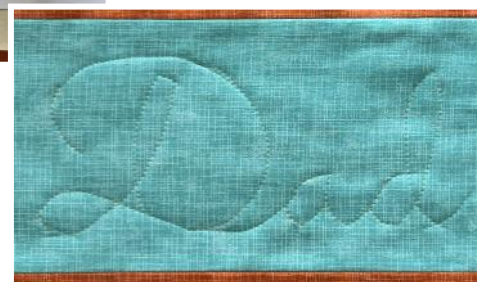


Step 4 Mark fabric

Print out the word template and cut along the solid lines.
We used the word 'Dad' for our re-usable gift bag.

Mark the centre of strip C. Place the transfer paper carbon side down and the template on top, matching the centre position.

Draw over the word using a tracing wheel or lead pencil, press firmly to transfer the carbon onto the fabric.



Step 5 Free stitch word

Attach to machine your preferred FMQ foot.

[FMQ = Free Motion Quilting]

Insert the Blue Dot Bobbin Holder.

Select a contrasting quilting thread, thread machine and use same in the bobbin.

Step 5 cont.

TIP: When starting and ending, stitch a few stitches on top of each other to secure the threads.

Using the below diagram steps as a guide, stitch over the letters to “write the word with thread”.

NOTE: On example shown below, start sewing at the red dots and pause as needed at the black dots. The arrows show the direction to sew out each letter.



NOTE: With the correct thread tensions, the back of the quilt sandwich will look as good as the front.



Step 6 Optional additional words

If you choose to stitch more words in the other Strip C. Make sure to stitch them in the opposite direction, so they are correct when the bag is folded.



TIP: You can create your own template of sayings or names in a text program, using a cursive font where the letters join together.

Alternatively, write out your own words onto a piece of paper or straight onto your fabric with a chalk pencil. Then free motion stitch over the words for a beautiful, personalised touch. Eg: *With Love, Especially for you*

Step 7 FMQ the strips

Thread machine with the second quilting thread colour including the bobbin.

Still using the same FMQ foot.

Free motion quilt a different pattern on each strip.

Below are some FMQ examples.

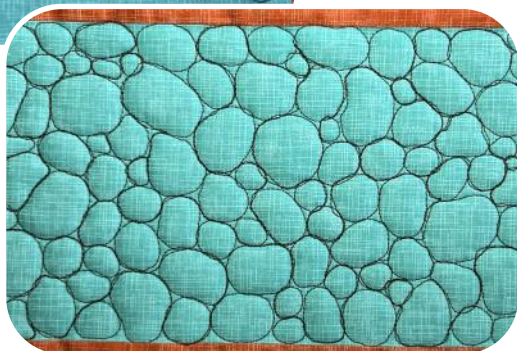
See How-to-instructions on last page of this project.

1. Pebbles

FMQ pebbles can be quite organically shaped (imagine river pebbles) or very geometric and circular.



They can be sewn at a consistent size or done in varying sizes for a different look.



2. Stipple

Stippling is a continuous line of free stitching a curving line of stitches that does not cross itself.

Stippling can be done at any size, but the aim is to keep a constant gap in-between all the loops.



Step 8 Finishing the bag

Trim the quilted panel to 12½" wide x 35½" long. [32 x 90cm]

Attach ¼" inch seam foot (O) or Professional (HP) foot.

Insert the Standard bobbin holder.

Thread with construction thread on top and in bobbin.

With wrong sides together, fold the bag in half, matching the D-E seams along the bag sides and pin/clip.



Baste stitch only from the D - E seam to folded edge.



With right sides together, fold along the D-E seam. Pin together all matching seams along the sides and raw edges at top. **NOTE:** Strip E will be folded up inside. Baste the side seams to hold together.



Step 9 Binding bag sides

Fold the side binding strips in half lengthwise & press. Open them and press the raw edges into the centre. Bind the sides of the bag, folding up the start of the binding over the bottom of the bag.



Step 10 Binding bag top

Fold the top binding in half lengthwise and press. Matching raw edges, attach the binding to the front of the bag top and join at the ends.

Fold the binding to the inside of the bag and stitch in the ditch, from the right side, to secure in place.



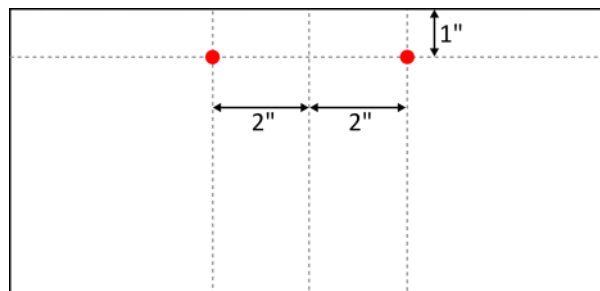
Step 11

Turn the bag to the right side and push the corners out to form the bag base.



Step 12 Eyelet grommets

On both sides of the bag, measure down from the top edge 1" [2½"] and measure out 2" [5cm] either side of the centre of strip A. Make a mark at the two points.



Following manufacturer's instructions to insert an eyelet grommet at each point.



Thread ribbon through both eyelets on one side. Tie the ends together, making a handle. Repeat, to make second handle.



FINISH

JANOME

AOTM
Quilted Gift Bag

Print
test
square
1"

Dad

JANOME

AOTM
Quilted Gift Bag

Print
test
square
1"

Mum

How-To-Free Motion Quilt

Tip: Usually the feed dogs are down when you FMQ, but there is no set rule, you can FMQ with the feed dogs up. Test what is best for you.



#1 Pebbles

FMQ pebbles can be quite organically shaped (imagine river pebbles) or very geometric and circular. They can be sewn at a consistent size or done in varying sizes for a different look.

Pull your needle thread to the top. Holding on to both threads, sew a few stitches on the spot to secure and lock the threads.

Move your fabric in a circular motion to sew the first pebble, around and back to the starting point.

In fluid motion, keep moving the fabric in a circular movement to sew a second pebble, next to the first. It is a figure of 8 movement, stitch a pebble one way then stitch the next pebble the opposite way.

Continue moving the fabric in circular movements to stitch more pebbles, travelling along the stitches of the previous pebble to fill the required space on your quilt.

Tip: If you FMQ over a large area, it is always best to start from the middle of your project and work outwards to the edges, to keep your work flat as you travel outwards.



#2 Stippling

Stippling is a continuous line of Free Motion Quilting made up of meandering stitches that wind in and out across the quilt but do not cross each other. Stippling can be done at any size, but the aim is to keep a constant gap in-between all the loops.

Pull your needle thread to the top. Holding on to both threads, sew a few stitches on the spot to secure & lock the threads.

While guiding the fabric under the foot, move it side to side to stitch a wavy "S" line.

Moving in a slightly different direction, continue moving the fabric with a wavy motion to sew the next part of the stipple.

Keep moving the fabric with a continuous fluid motion in different directions to fill in the space on your quilt.

Don't worry if you get yourself stuck in a corner, just stop and lock off by stitching on the spot and trim. Then move and start again.

