

#### WHAT YOU WILL NEED

Janome Embroidery Sewing Machine  
 Embroidery Design - download link at Step 1 below  
 Janome Edge Guide Foot  
 Quilting Feet: FMQ, Ditch, AcuFeed, Even Feed  
 Janome needles: Purple Tip needle #14/90  
 Janome plastic bobbins x 3  
 Thread snips | Wonder clips | Pins  
 Cutting mat | Quilting ruler | Rotary cutter  
 Small ironing board and Iron

#### FABRIC & NOTIONS

**Fabric 1** Teal - Quilting cotton fabric  
 • 25cm x width of fabric 117cm (10" x 42")  
**Fabric 2** Cream - Plain quilting fabric  
 • 30cm x width of fabric 107cm (12" x 42")  
**Fabric 3** Gold - Plain quilting fabric  
 • 50cm x width of fabric 107cm (20" x 42")  
**Binding** Pink quilting fabric 50cm x 107cm | 20" x 42"  
**Backing Fabric** Blue 80cm x 107cm | 32" x 42"  
**Quilt Wadding** 61cm x 76cm | 24" x 30"  
**Ribbons** Assorted Widths (10m | 11Yds in all)  
**Thread for construction**  
**Thread for free motion quilting**  
**Embroidery threads to match ribbon colours**  
**Janome Bobbinfil thread**  
**Double sided washaway tape**  
**Fabric marking pencil**

#### CUTTING INSTRUCTIONS

**Fabric 1** [Accent—Teal]  
 Cut 1 strip 9" x 42" | 23cm x WOF (107cm)  
**Fabric 2** [Background - Cream]  
 Cut 1 piece 10½" x 15½" | 27cm x 40cm  
**Fabric C** [background - Gold]  
 Cut 1 piece 15" x 20" | 38cm x 51cm  
**Binding Fabric** [Pink]  
 Cut 3 strips 2½" x 42" | 6½cm x WOF (107cm)  
**Backing Fabric** [Blue]  
 Cut 1 piece 24" x 30" | 61cm x 76cm  
**Wadding:** Cut 1 piece 24" x 30" | 61cm x 76cm  
**Decorative Band** [under embroidery]  
 Cut 4 assorted widths x 20" | 51cm



#### INSTRUCTIONS

##### Step 1 Embroidery

Working with gold background piece mark the centre vertically and horizontally.

Hoop and embroider the design into the middle over the markings.

Download Design

[CLICK HERE](#)

Design size:  
164mm x 291mm



## Step 2 Trim embroidered fabric

Once, the embroidery is finished, un-hoop the fabric and trim it back to 13½" x 18½" | 34½ cm x 47 cm  
Set the fabric aside.

## Step 3 Teal fabric

Select the Teal fabric piece 9" x 42" | 23cm x 107cm  
Mark the fabric at 1" increments down the length (42" side) of the fabric.

*Alternatively, you could use a fabric that has markings at approx. 1" increments such as a check or stripe.*

## Step 4 ¼" Fabric pleats

Attach the Edge Guide Foot (SE) to the machine.  
Select the straight stitch with centre needle position.  
Stitch length: default  
Adjust the guide to be ¼" | 6mm from the needle.



Match up the first two 1" markings and fold fabric under, so that right sides of the fabric are facing out.  
Sew across the 9" [23cm] piece with a ¼" [6mm] seam allowance. Continue with this process until all ¼" seams have been sewn and the piece is now approximately 20" [51cm].

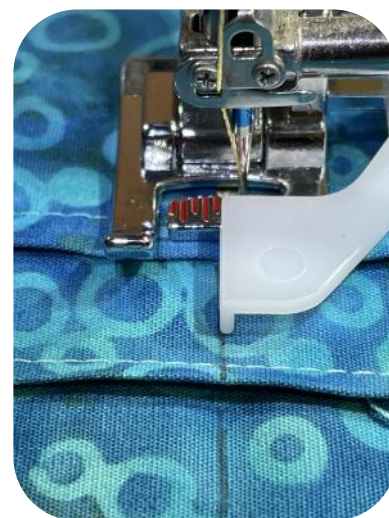


## Step 5

Press the pleated fabric so that all the pleats are running in the same direction.  
Mark the fabric down the length in 1" [2.5cm] increments.  
Select a decorative stitch on the sewing machine. \*  
Thread the machine with an embroidery thread \*  
on the top and bobbin thread in the bobbin. \*

Adjust the guide to the centre of the foot.  
Align the first marking with the guide then sew the decorative stitch down the length of the fabric ensuring that all the pleats are going in the same direction.  
Skip the next line and sew the same decorative stitch on the third line.

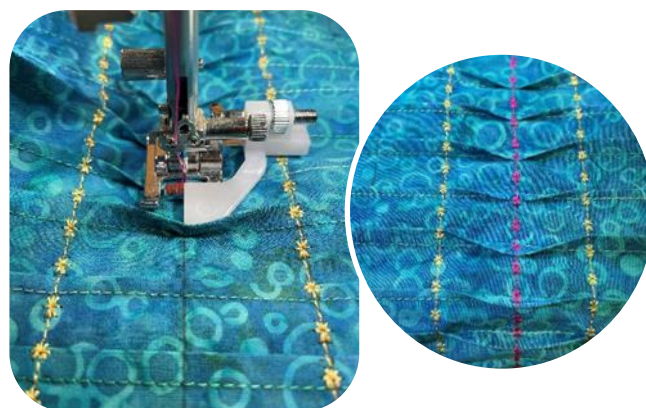
Repeat this process across the fabric skipping a line each time.



Once every second line has been stitched in the same direction turn the fabric around so that you are now stitching from the other end of the fabric.

Sew the remaining lines of stitching in the opposite direction. The pleats are to be caught in the opposite direction to give the look of fractured pleats.

Continue stitching until all lines of decorative sewing have been completed.





## Step 6

Cut the pleated piece into two sections.  
The larger becomes the top of the hanging, the other will become the side. Set aside for later.

Small – 4" x 10" | 10 cm x 25 cm

Large – 4" x 18 ½" | 10 cm x 47 cm

## Step 7

Take the cream background piece and lay the ribbons down to form a creation that resembles sun rays.

Mix up the width and colour of the ribbons when positioning.

Adhere the double-sided tape to the back of each ribbon and stick to the background fabric.



Adjust the Edge Guide foot guide to sit alongside the ribbon edge and stitch each side of each ribbon.

The guide might need adjustment when stitching different ribbons. Use various straight stitches.

When finished trim block to 10"x 15" [25 x 38 cm]



## Step 8

Lay the ribbon embellished section with the pleated section to the right and top.

Set machine to straight stitch.

Adjust the guide on the foot to ¼" [6mm] from the needle.

Seam the short side first and press.

Seam the long top edge and press.



Lay the embroidered panel right side up.

Lay the ribbon section on top aligning with the top edge of the embroidery.

Seam using the guide along the top edge.

Press seam.

Below the embroidered panel section position the decorative band ¾" [2cm] from the bottom of the wording.

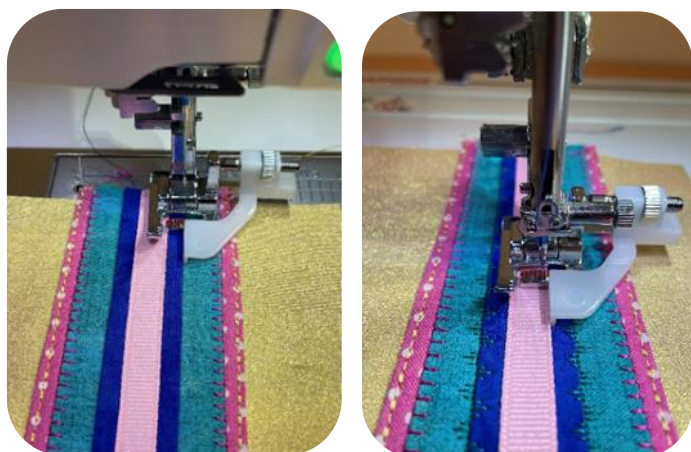




## Step 9

Set the guide on the foot and stitch each of the colours in the decorative band either side.

Select different stitches and thread to complement the fabric or ribbon used.



Lay the backing, wadding and wall-hanging front together. Using quilting thread quilt through all layers with desired quilting method, including ditch stitch.



## Step 10

Trim all sides and bind using preferred binding method.



## FINISH